

## Biography

**Jane Gotch** is a Toronto and Kansas based teacher, director and choreographer. Originally from Omaha, NE, she graduated from The University of the Arts in Philadelphia with honors in 2000. Her choreography has been awarded a Rocket Grant from The Andy Warhol Foundation in collaboration with The Charlotte Street Foundation and The Spencer Museum, three Inspiration Grants from The Metropolitan Arts Council of Kansas City, The Innovation in the Arts Award from UMKC's Small Business and Development Center, and The 2014 Charlotte Street Foundation's Generative Performing Artist Award. She has danced with Myra Bazell, Netta Yerushalmy, and as an apprentice with Tere O'Connor.

Her choreography has been presented by The Fifth Stop Open Studios (Brooklyn), Movement Research at Judson Church (NYC), Roulette (Brooklyn), The Bentway and I/O Movement (Toronto), Long Winter Arts (Toronto), The Iron Factory (Philadelphia), The Philadelphia Fringe Festival, The Charlotte Street Foundation (KC), The Belger Crane Yard Gallery (KC), The Lawrence Arts Center, The Spencer Museum (Lawrence, KS), and The Nelson-Atkins Museum of Art (KC).

She is a Certified **GYROTONIC®** Pre-trainer and a **GYROKINESIS®** Master Trainer, and has taught this system of mind-body conditioning in Israel, India, New York, Kansas City, and Toronto since 2001. She conducted the first GYROTONIC® educational courses in Israel and India. She is a Somatic Experiencing Practitioner, a trauma resolution work based on the research and practice of Dr. Peter Levine.

For more information on Jane visit: [www.janegotch.com](http://www.janegotch.com), [resilientbodygyrotonic.com](http://resilientbodygyrotonic.com), and [www.gyrotonickccenter.com](http://www.gyrotonickccenter.com)